

Surf Life Saving Queensland

Junior Activities Preliminary Pool Evaluation Endorsement

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AGE GROUP (Please Tick)		SWIM	FLOAT	Float (C/NYC) *	Pool Swim Time		
	Under 6	Kick on the wall – face in the water	30 second				
	Under 7	Torpedo (push off the wall) face in the water	30 second				
	Under 8	25 metres (freestyle)	1 minute				
	Under 9	50 metres (freestyle)	1 minute				
	Under 10	50 metres (freestyle)	1.5 minute				
	Under 11	100 metres (freestyle)	2 minute				
	Under 12	100 metres (freestyle)	2 minute				
	Under 13	150 metres (freestyle)	3 minute				
	Under 14	200 metres (freestyle) in less	3 minute				
		than 5 minutes					
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prod	essed. I hav Bronze Acc Surf Coach	t I must provide proof of my CURF e attached and/or supplied a phot redited Swim Coach Accreditation I Instructor Accreditation			ward to be		
Signed: Date:							

Updated June 2012



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